

DEVELOP



SCHOOL GAMES

TENNIS CHALLENGE

DATES: 10th May – 28th May

THEME

These events are for pupils who enjoy friendly competition but don't want to solely focus on winning and losing, instead they include a focus on the School Games Values.

EVENT/ CHALLENGE

4 fun tennis activities focussing on sending/receiving skills. Learning to track ball and be able to hit shots.

YEAR GROUPS

Year 1-6

WHERE?

Why not try each of the challenges in PE lessons before putting together a mini-Olympic themed festival where pupils compete in an intra-school competition?

LEADERSHIP OPPORTUNITIES

Engage leaders by:

- Using leaders to lead part of the session (warm up).
- Using leaders to time the activities.
- Using leaders to deliver a cool down activity.
- Using leaders to record results.
- Using leaders to take photographs for use on social media to celebrate school involvement in the School Games.
- Using leaders to demonstrate tasks.

South Norfolk SSP
Virtual Challenge

SCHOOL GAMES

VALUES

During each School Sport Partnership experience pupils are challenged to demonstrate the School Games values.



Determination- Each time I start a challenge I will try hard to get a better score than last time.



Passion- Showing passion for your team by being enthusiastic to take part and always supporting others.



Respect- Pupils are encouraged to respect the opponent and team-mates alike but most of all to respect the leaders.



Honesty- If a leader or teacher does not see something being honest.



Self-Belief- Supporting each other and your fellow team-mates will help to ensure that the individual parts add up to a successful team performance.



Teamwork- Individual performances add up to team success so it is important that all pupils work as a team.



BRECKLAND
SCHOOL SPORT PARTNERSHIP



GETTING STARTED

1. Familiarise yourself with the Tennis Resource videos below.
(ALL VIDEOS CAN ALSO BE SEEN ON BRECKLAND SSP YOUTUBE CHANNEL)
2. Set up the challenges in a carousel.
3. Allow the pupils to practice each challenge.
4. You might want to score the pupils and record their final score for each challenge or allow pupils to focus on achieving their personal best.

SCORING/ CERTIFICATES

Each time your class takes part in a weekly challenge reward pupils with a class star sticker on a class recording sheet.

Schools will be sent a participation certificate for each pupil that has taken part in the summer term challenges. Schools can also request a sportsmanship award certificate for pupils who have demonstrated the School Games Values whilst participating in the virtual event.

HOW TO ENTER

As this is an Develop themed event, we do not ask schools to submit pupils scores. We do however ask schools to complete the monitoring form on our website to let us know how many pupils took part in the challenge. **The deadline for submission is Friday 28th May.**

RISK ASSESSMENT

It is the responsibility of each school to assess the risk for participating in the challenges within their own school. It is the responsibility of schools to ensure that any space and equipment used is suitable for the challenge being attempted.

SAFEGUARDING

During the South Norfolk SSP virtual challenges schools must adhere to their own school safeguarding and photo consent policies.

COVID 19

The South Norfolk SSP virtual challenges should be completed in accordance with your schools Covid-19 PE policy.



GETTING STARTED

- Each group rotates through their four challenges
- Each pupil records a score for each challenge.
- A pupils personal best score is recorded.

EQUIPMENT REQUIRED

- A starting device (whistle).
- A stopwatch (with multi memory function).
- Tennis racquets.
- Tennis balls (ideally sponge or mini red).
- Tennis nets or anything that can resemble a net (bench).
- Mark out appropriate size courts
- Cones for targets and recovery positions.
- Results recording -Clipboards, Pens/paper.

THINK INCLUSIVELY!

Space- Make the distances shorter for some pupils.

Task- Focusing on developing the skills before recording scores.

Equipment- Use mini red balls/sponge balls if possible, lower net.

People- Use visual markers to support visually impaired pupils, some events may need simple considerations or adaptations to enable disabled/ SEN students to participate, to ensure a meaningful competition opportunity the inclusion of additional skills for disabled/SEN children should be included.

CHALLENGE ONE- ROLL BALL TO TARGET LINKS- Roll ball to target

CHALLENGE TWO- THROW/HIT/CATCH LINKS- Throw/Hit/Catch

CHALLENGE THREE- THE STOP RALLY LINKS- The Stop Rally

CHALLENGE FOUR- THE RALLY LINKS- The Rally

