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Panathlon Xtend

**DATE 18th October 2021 9.45am-11.30am**



**VALUES**

**During School Sport Partnership experiences pupils are challenged to demonstrate the School Games values.**

Target Audience

These events are non-competitive and focus on targeting pupils who would benefit from being more physically active.

Year groups

Year 7-9

venue

Sports Centre at Framingham Earl High School, NR14 7QP.

Intent

Widening the competition environment to develop health.

Leadership Opportunities

**Engage Secondary leaders by:**

* Using leaders to lead your event (warm up/cool down).
* Using leaders to demonstrate tasks in pre-event practice.
* Using leaders to record match day results.
* Using leaders to take photographs for use on social media to celebrate school involvement in the School Games.

How to Enter

This is an open entry event open to all schools in South Norfolk SSP. Please enter via the SSP website [www.southnorfolkssp.co.uk](http://www.southnorfolkssp.co.uk) or contact L Goodswen [l.goodswen@fehs.set.education](mailto:l.goodswen@fehs.set.education)

**Determination –** Determination is about the journey you go on to achieve your goals.

**Passion-** Giving it 100%, putting your heart and soul into the game and never giving up.

**Respect-** For the referee, for the opposition, for your teammates and for yourself.  Treating others politely and with understanding.

**Honesty-** Honesty with others and with yourself.  Having the courage to do the right thing what you know is right.

**Self-Belief-** Have the self-belief and confidence in yourself to succeed and reach your personal best.

**Teamwork-** Treating everyone equally, supporting each other and working together to have fun and achieve at your very best level.





Event information

* An inclusive, engaging, and challenging event for secondary schools in South Norfolk.
* The event is organised in partnership with Panathlon foundation a national charity who give young people with special educational needs and disabilities the opportunity to take part in competitive sport.
* The Panathlon Xtend programme introduces Panathlon to young people, through a team competition that builds foundation skills in a range of Panathlon sports.
* At the event pupils will take part in a carousel of multi-sport activities.
* Please view the kind of activities that will be in the Panathlon Xtend programme [https://youtu.be/iIbCITqbRmU](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fyoutu.be%2FiIbCITqbRmU&data=04%7C01%7Cl.goodswen%40fehs.set.education%7Cdc55b685db3d402d5f9108d9825b5fcb%7Ce149e10c3d5e48d5be320cec1b9d148b%7C0%7C0%7C637684151226892524%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=AjtIIyEMrVvKeo77Sl5oZZINB7Ix8ezeq2EsWdM9aJY%3D&reserved=0)
* Panathlon Xtend will feature 6 teams across the session competing in the activities stated above.
* Once the first 3 rotations have been completed, then a short break, then 3 more rotations, if time permits non-scoring relay races will take place, followed by team presentations.
* Good sportsmanship will be expected from all players, staff, and spectators.
* **Unfortunately, we are unable to accommodate parent spectators at this event.**

Scoring

* Teams are awarded points for their finishing place in each round and the team with the highest number of points over the rounds is crowned the winner.
* T-shirts, Medals and certificates are awarded to all those who compete, and overall team trophies for the winners.

Team Size

* Eligibility – any child on the SEN register can include Deaf and Autistic children.
* Schools invited to bring a maximum of 8 pupils in year 7-9.
* More may be allowed if numbers are low.
* School teams will stay together throughout all activity rotations and collect team points.

Equipment

* Please ensure pupils are dressed in suitable indoor PE kit and bring a water bottle.
* Hair should be tied back, and jewellery removed.