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Sportshall Athletics

**DATE 29th November 2021**

**12.45pm-3pm**



**VALUES**

**During School Sport Partnership experiences pupils are challenged to demonstrate the School Games values.**

Target Audience

These events are for pupils who are competitive in nature and enjoy performing and competing against others.

Year groups

Year 7

venue

UEA, Sportspark, NR4 7TJ

Intent

To develop sport specific skills.

Reframing Competition

Sportshall Athletics offers an ideal format for young people to develop their athletics skills. This event will focus on team participation rather than individual success.

Leadership Opportunities

**Engage Primary leaders by:**

* Using leaders to act as ‘Spirit Captains’ to lead discussions with young people.
* Using leaders to lead your event (warm up/cool down).
* Using leaders to demonstrate tasks in pre-event practice.
* Using leaders to record race day results.
* Using leaders to take photographs for use on social media to celebrate school involvement in the School Games.

How to Enter

This is an open entry event open to all schools in South Norfolk SSP. Please enter via the SSP website [www.southnorfolkssp.co.uk](http://www.southnorfolkssp.co.uk) or contact L Goodswen [l.goodswen@fehs.set.education](mailto:l.goodswen@fehs.set.education)

**Determination –** Determination is about the journey you go on to achieve your goals.

**Passion-** Giving it 100%, putting your heart and soul into the game and never giving up.

**Respect-** For the referee, for the opposition, for your teammates and for yourself.  Treating others politely and with understanding.

**Honesty-** Honesty with others and with yourself.  Having the courage to do the right thing what you know is right.

**Self-Belief-** Have the self-belief and confidence in yourself to succeed and reach your personal best.

**Teamwork-** Treating everyone equally, supporting each other and working together to have fun and achieve at your very best level.





Team information

* Schools are required to bring 1 Girls team and 1 Boys team. Maximum squad size of 16 pupils.
* Boys team composition minimum of 5 pupils maximum of 8 pupils.
* Girls team composition minimum of 5 pupils maximum of 8 pupils
* **Pupils can participate in a maximum of 3 track and 2 field events.**
* **Team sheets will be sent to all schools.**
* Good sportsmanship will be expected from all players, staff and spectators.

Event information

* **Unfortunately, we are unable to accommodate parent spectators at this event.**
* All schools will be allocated a holding area for the Sportshall Athletics event.
* All schools should allocate 1 team manager for the event who will register your team and ensure your team are at the right place at the right time.
* Please familiarise yourself with the sportshall event schedule prior the event.
* Pupils should know which events they are competing in ahead of the competition.
* Please note pupils will not be permitted to compete in bare feet or unsuitable footwear.
* Further event guidance will be sent to schools.

Events Programme

|  |  |  |  |
| --- | --- | --- | --- |
| **Track Events** | **Pupils Required** | **Field Events** | **Pupils Required** |
| Obstacle Relay | 4 | Shot | 2 |
| 2 Lap Race | 2 | Speed Bounce | 2 |
| 4 Lap Race | 2 | Standing Triple Jump | 2 |
| 6 Lap Race | 1 | Standing Long Jump | 2 |
| 8 Lap Paarlauf | 2 | Vertical Jump | 2 |
| 4 x 2 Lap Relay | 4 |  |  |

Team managers are encouraged to note the running order detailed below and select their team according. Pupils cannot contest in both the 2 and 4 Lap Individual Race or the 6 and 8 lap paarlauf events since they follow each other immediately.

Scoring

* The winning Boys and Girls team will be awarded medals and certificates.
* Teams finishing in second and third place will be awarded certificates.

Certificates

All schools will be sent a participation certificate for each pupil that has taken part in the sportshall athletics event. Schools will also be provided with sportsmanship award certificates for pupils who have demonstrated any of the **School Games Values.**

Race Schedule

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