**SOUTH NORFOLK LEADERSHIP ACADEMY**

**Monday 23rd May**

**9:00 am - 3:00 pm**

**UEA, Sportspark**

**Context**

As part of the Leadership programme via the School Games. South Norfolk SSP is looking to run a Leadership Academy Day which will aim to support the development of young leaders within South Norfolk.

The South Norfolk Leadership programme is our attempt to bring together leaders from across the 9 South Norfolk Secondary Schools. The Academy will comprise of approximately 100 Sports Leaders. These leaders will be selected locally from within each of the 9 Secondary Schools.

**Selection**

Each of the schools will be allowed to select 10 pupils for the Leadership Academy (preferably with a mix of genders) ranging in age from 12-14 years old (Years 8-9). We are also positively encouraging selection of SEND pupils. We are looking for Young Leaders who don’t just collect qualifications, but those who have **an appetite to use their skills and qualities** to improve the sporting experience of others.

**The Programme**

The leaders will attend the Leadership Academy Day on Monday 23rd May at UEA, Sportspark. They will undertake several workshops through the day to develop their skill sets and to challenge them to be better young leaders. The day will combine a mixture of theory and practical elements but will be an active day (tracksuits/sports/PE kit recommended). Pupils will also need to bring a packed lunch and suitable refreshments.

The sessions will be delivered by local experienced tutors.

**Course Content**

The leaders will undertake a number of modules through the day including.

1. Leadership Qualities understanding leadership skills.
2. Practical Based Session - Focusing on how to plan and lead sessions.
3. Practical Based Session- How to adapt sessions for those with additional needs
4. Practical Based Session- Understanding your participants.
5. Next Steps/Action Planning for future

**Beyond the Leadership Academy**

The leaders will be encouraged through the programme, to take on additional responsibility back in school. On returning to school’s pupils will be tasked with running a Commonwealth Games inspired transition day for their local cluster primary schools year 6 pupils. (All resources will be provided).

They will also be supported by Active Norfolk to find opportunities outside of school to get involved in community sport.

If you school would like to be involved in the Leadership Academy Day, please let me know by Friday 13th May. After this date we will offer additional spaces to schools booked to attend.

**Timetable for the day –**

**Secondary Schools Arrive** – 9am

I**ntroduction (Hall 4)** - 9.15am

**Workshop 1** – 9.30-10.15am

**Workshop 2-** 10.15-11am

**Break** 11-11.20am

**Workshop 3**- 11.20-12.05pm

**Workshop 4-** 12.05-12.50pm

**Lunch-** 12.50-1.15pm

**Workshop 5-** 1.15-2pm

**Certificates and High School Leaders Depart** – 2.30pm

\* Please bring your leaders back to Hall 4 at the end of the day \*

**Staff & First Aid:** At least one member of staff from each school must remain onsite for the duration of the day. Staff are responsible for their own first aid kit, students’ medication, and consent forms.