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**DATE 12th May 2022**

**9.30-3pm**



**VALUES**

**During School Sport Partnership experiences pupils are challenged to demonstrate the School Games values.**

Target Audience

These events are non-competitive and focus on targeting pupils who would benefit from being more physically active.

Year groups

Year 7-13

venue

Barford Lakes

Intent

Widening the competition environment to develop health.

Leadership Opportunities

**Engage Primary leaders by:**

* Using leaders to lead your event (warm up/cool down).
* Using leaders to demonstrate tasks in pre-event practice.
* Using leaders to record match day results.
* Using leaders to take photographs for use on social media to celebrate school involvement in the School Games.

How to Enter

This is an open entry event open to all schools in South Norfolk SSP. Please enter via the SSP website [www.southnorfolkssp.co.uk](http://www.southnorfolkssp.co.uk) or contact L Goodswen [l.goodswen@fehs.set.education](mailto:l.goodswen@fehs.set.education)

**Determination –** Determination is about the journey you go on to achieve your goals.

**Passion-** Giving it 100%, putting your heart and soul into the game and never giving up.

**Respect-** For the referee, for the opposition, for your teammates and for yourself.  Treating others politely and with understanding.

**Honesty-** Honesty with others and with yourself.  Having the courage to do the right thing what you know is right.

**Self-Belief-** Have the self-belief and confidence in yourself to succeed and reach your personal best.

**Teamwork-** Treating everyone equally, supporting each other and working together to have fun and achieve at your very best level.





Event Information

* This event is an event jointly hosted with Breckland and East Norfolk SSP.
* Each school should enter individual pupils for this event. Maximum of 12 places for South Norfolk SSP.
* The venue will be split across the lakes in sections. There will be prizes/ trophies for the top individuals- decided on weight of fish caught and/or section winner points.
* Competitors need to be proficient at landing, handling, and unhooking fish unsupervised, but coaches will be on hand in the event of difficulty.
* Competitors also need a fishing license available at [https://www.gov.uk/fishing-licences](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.gov.uk%2Ffishing-licences&data=05%7C01%7Cl.goodswen%40fehs.set.education%7Cfb43dfce76d8425327f608da236c5d96%7Ce149e10c3d5e48d5be320cec1b9d148b%7C0%7C0%7C637861245580756034%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=gdib7X7ZUduwU1RVyczw%2BhKxFLepQnqfzzasnsTfQWU%3D&reserved=0) (This is free of charge for under 16s).
* Good sportsmanship will be expected from all players, staff, and spectators.
* **Please be aware that competitors will not be directly supervised at all times although significant number of stewards, staff and volunteers will be around during the event.**
* **Spectators are reminded that competitors will be expected to fish independently and therefore no coaching will be allowed.**

Rules

* **Landing nets, keepnets & un-hooking mats must be DRY on arrival – wet equipment can spread parasites, bacteria, and diseases. If you have fished elsewhere and your nets are wet, please dip them in the tank next to the brown portacabin**
* Manufactured barbless hooks only - max size 8
* Bite alarms allowed on lowest volume
* NO floating pole method
* No elasticated feeders
* Do not un-hook fish on the ground or staging – if you don’t un-hook in the net un-hooking mats to be used - ensure it’s wet when in use.
* Don’t leave a baited rod unattended
* No Surface Fishing
* **Return fish in the landing net only, please don’t walk with or stand up whilst holding fish**
* No Peanuts
* Ground bait is allowed - 2 kilo limit
* No excessive baiting
* Only feed pellets allowed are Barford Lakes Carp Pellets
* Boilies & non fishery pellets allowed as hook bait only

**KEEPNET RULES**

* 2 Keepnets required for the Pleasure Lake – 1 for bigger Carp & 1 for all other fish under 2lb
* All other lakes 1 keepnet – approx. 50lb limit – ask a steward for extra net if required.
* Keepnets must be dry when putting them into the lake – if not dry please dip them. Dry nets do not spread disease or virus
* No rocks, stones or weights inside keepnets – this damages fish

Equipment

* Competitors are required to bring their own equipment and bait; however, each competitor will be provided with a bag of feed pellets and half a pint of maggots and sweetcorn but are asked to bring their own tubs. Nets can be provided in advance through your SGO.
* Please wear suitable clothing for the all day, all weather event.